

Inside this Issue

- 1** Message from Jerry Anderson
- 2** MHS Students Attend Inauguration; Teacher Merit Awards; First Semester Awards, etc.
- 3** Community Awards, Honors and Accomplishments
- 3** LYNX Connects
- 3** Parent Greeter Volunteers Needed
- 4** Opportunities for Parent Involvement at Monarch High School
- 4** Math Department Feature
- 4** Activity/Athletic Calendar link
- 5** Crime Stopper Program Comes to Monarch
- 5** PEN – English Translation
- 6** PEN – Spanish Translation
- 7** Lifelong Learning Classes
- 8** Lifelong Learning Classes (cont.)
- 9** District Budget Information
- 9** Upcoming Events

Monarch HS News

Excellence

Dr. Jerry Lee Anderson, Ph.D.

Monarch High School is honored to receive the designation of Excellent on the School Accountability Report for the 2007-2008 School Year. The overall performance rating is based on our State assessment (CSAP and ACT) scores from the 2007-2008 year and is among the top 8% of schools across the state of Colorado. Our growth, which is based on a comparison of our students' yearly growth on CSAP to that of others, is Typical. Our high level of performance has resulted in our school being a winner of the John Irwin School of Excellence Award for the 2007-2008 School Year. You will find a copy of this report enclosed in this January Newsletter. Additional information on the report can be found at <http://reportcard.cde.state.co.us/reportcard/CommandHandler.jsp>.

This report includes important information for us; however, it is only one piece of information. We also place a high level of importance on parent satisfaction, school climate surveys, staff attitudes and the many measures of student achievement that we continually monitor as a part of our improvement process. Some of this information is reported on the enclosed customized school report card, which we are distributing to complement the state document.

We appreciate your continued support of our school and your contributions to making our school the best place for students to learn. We want you to know

that for us the pursuit of excellence is a continuous quest. We know that we have more work to do in helping all students to become academically successful. Concerning the No Child Left Behind Act, Monarch High School did not make Adequate Yearly Progress. We were evaluated on 23 targets and we met 21. Overall, the Adequate Yearly Progress targets give us a clear indication of those students with whom we need to continue to focus more effort, specific strategies, and targeted resources in order to increase their achievement.

To complement and support the high achievement of our students, we will continue to work on getting better at what we do to further student success both here at Monarch and as students began exploring their path in life beyond high school. Monarch High School teachers are committed to ongoing professional development in order to meet and be responsive to the learning needs of our students. We also are continuing to increase our communication efforts, create a more welcoming school environment, and fulfill our role as being the community school for Louisville and Superior.

In this newsletter, you will have an opportunity to read about many student accomplishments. We tried to include everything and everyone we knew about. If you have additional information that can be included in a future newsletter please be sure to let us know as we want to celebrate our student's accomplishments!

Monarch Students Attend Presidential Inauguration in Washington D.C.

Sarah Jane Seifert and Kelsey Prestesater attended the recent presidential inauguration in Washington D. C. Both of these young ladies were given this opportunity due to the leadership skills they demonstrated at the national Young Leaders Conference held in Washington D. C. in 2007. They participated in activities such as arguing a case on the floor of the Supreme Court, participating in a mock House hearing and meeting with numerous U.S. Senators and other national figures. Congratulations.



TEACHER MERIT AWARDS – JAN. 28

Approximately 120 students received first semester teacher merit awards at the awards program on January 28. We had a wonderful time meeting with parents, students and staff.

We would like to recognize and thank the following vendors for their generous contributions to the program: Costco, Hole in One Bagels and Deli, King Soopers, Mimi's Café, Sam's Club, Scottish Roasters Coffee, Smiling Moose Deli and Walmart.

First Semester Awards, Honors, and Accomplishments:

Honorable Mentions in **Scholastics for Photography**: Frank Stuard, Evanne Montoya, Russell Ewing; **MHS Band** was the only band in BVSD who made it to the State Marching Band Finals; **UNC Math Competition** second round qualifiers: Andrew Eberhardt, Kelsey Fitzgerald, Kevin Lee, Birk Nielsen, Jason Renbarger, Zach Savage, and Daniel Webb; **Creative Writing Club students completed novels for the National Novel Writing Month**: Aqil Dhanani, Kylie Dingman, Daniel Eng, Jordan Flewelling, Nicolette Laird, Carly Madison, and Jai Watson; **Creative Communication Publication – A Celebration of Poets** – Sarah Burton, Veronica Bird, Keaten Castle, Gitel Celnik, Christine Choi, Kendra Clemenson, Amanda Eng,

Erin Garratt, Nick Gilland, Andi Houck, Hunter Leachman, Stephanie MacPherson, Jaron Navarro, Gina Ogg, Michael Reese, Gus Sawicki, Kaitlan Smallwood, Geniveve Tang and Christian Valentine; **3rd Annual MOH Art Contest Winners**: Anime – Maria Deslis and Dan Walter; Classic Literature – Maria Deslis and Samantha LeBlanc; Photography – Sage Higgins and Eric Robertson; Student Choice – Mackenzie Erker and Connor Etges; Best in Show – Samantha LeBlanc; Juried Scholastic Art Awards Competition in Pencil – Asia Kennebrew; Culture of Giving Art Competition – Ali Atkin (2nd place); Asia Kennebrew and Sophie Junak (3rd Place); Delaney Muehl, Maxwell Fleming, Taylor Schopbach, Kasey McKown, Danielle Wilkin, Ariel Scanlon, Sydney McKown, Karly Dederling and Heather Benson (Honorable Mention); **Certified SolidWorks Associate Exam** – Eric Rodie scored 100%; **Colorado High School Press Associations's annual state contest**: Lorne Fultonberg (Human Interest Feature – 2nd Place); Rosa Calabrese, Jill Kennedy and Jodi Monk (Feature Writing – 3rd Place); **Monarch High School Orchestra** has been selected to perform at the Colorado Music Educators Association Annual meeting on Jan. 23, 2009; **DECA State Qualifiers** – Hospitality – Connor Breitbach and Brady James; Buying/Merchandising – Ryan Batten, Tyler Olson, Luke Johnson, Kirk Raikes, Alexis Acosta, Andrew Commander and Greg Buttenmiller; Retail Merchandising – Taylor Rice; Marketing Merchandising – Lauren McGee; Restaurant and Full Service Management – Ryan Higgins and Ari Liston; Sports and Entertainment Marketing – Connor Pennington, Kenneth Forward, Brandon Kenney, Matt Warner,

Taylor James, Chris Contini, Rob Haydock, Sean Graninger, Michelle Meng, Alex Hensen, Ali Hancock, and Mariel Fulton; Internet Marketing – Eric Contini, Shazad Sahak, Danielle Dawson and Lexi Collum; Automotive Business Services – Ben Mead and Anthony Lepine; Business Law and Ethics – Lindsay Baum, Kristin Watkins, Matt Eisenach and Jeremiah Allen; Travel and Tourism Marketing – Kylie Dickson, Kelsey Prestesater, Rachelle Dietz, Jessie Muckle, Whitney Fletcher, Kelsey Hudspeth, Kasha Hogendorn and Paulina Zaragoza; **National Financial Literacy Award** for scoring in the top 1% in National Financial Literacy Challenge Exam – Lindsey Tubbs; **Colorado Foreign Language Teachers Video Awards** – German Level 1 – Cole Watson and Nathan Tennigkeit; German Level 2 – Mike Picker and Chad Watson; German Level 3 – Mikayla Foote and Branden Foote; **All State Choir** – William Cartwright and Jordan Flewelling; **Boy’s Nation Participant** (selected from participation at Boy’s State) – William Cartwright; **2008 USA Swimming Scholastic All America Team** – Whitney Dougherty; **Walsworth’s Gallery of Excellence Award** – 2007-2008 Yearbook

Community Awards, Honors, and Accomplishments:

Sarah Jane Seifert and Kelsey Prestesater were invited guests to the **Presidential Inauguration; Eagle Scout Award** – John Evans; **IBM High School Hero of the Week** – Brandon Jacques; **Community in Science Internships** – Joe Salinas (acceptance to MIT); Colorado School of Mines on an energy project; John Evans, Carey

Flournoy, Andrew Harrison, Kevin Wright, Taylor Kennedy are working at the University of Colorado Integrative Physiology and Behavioral Genetics Labs; Kristin Watson, Lindsay Baum, Kylie Dickson, Rita Hunt-Woodland, Brad Cole are working with Kristin Donley and Dr. Lisda Johansen at the University of Colorado Health Science Biology Department; Kristin Cowley and Ben Fraser are working with Kristin Donley on a nutrition experiment; Jesse Goodrich and Valerie Ward are working at the Boulder Cycling Center; Scott Kliethermes and Andrew Locke are working with Kristin Donley and Kevin Lowe on a Reuben Tube experiment; Ryan Smith is working with Summit Blue, LLC, on a wind energy project; and Lauren Ernst is working with Dr. Andrew on a wind energy project.



Ride the new and improved LYNX!

Now with bigger buses, the LYNX service is Louisville’s most convenient and comfortable way to get around!

LYNX is Boulder County’s newest bus route. It connects Downtown Louisville to the U.S. 36 corridor and serves Monarch High School, Monarch K-8, FlatIron Crossing Mall, Avista Hospital, the Rock Creek neighborhood in Superior, and two park-n-rides along U.S. 36.

LYNX is ideal for transporting students, parents, teachers and staff to and from school. It can also be used for field trips, after-school

activities, events and sports. Local destinations include Louisville Public Library, Community Park and City Hall. It also makes connections to the Broomfield Park-n-Ride for easy connections to downtown Denver and Boulder.

Local one-way fare is \$1.00 for students and \$2.00 for adults. Children 5 and under ride free.

Try the LYNX for free! Call 36 Commuting Solutions at 303-439-8526 for a coupon good for a free round-trip.

Need more information? Visit 36commutingsolutions.org or call 303-439-8526.

When to leap on the LYNX: Frequency:

Weekdays:

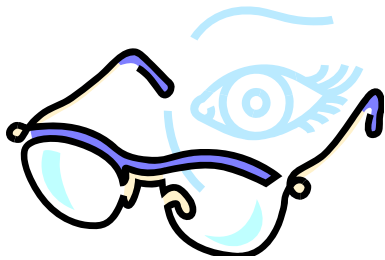
6:00 a.m. – 10:00 a.m.
Every 30 minutes
10:00 a.m. – 2:00 p.m.
Every 60 minutes
2:00 p.m. – 6:00 p.m.
Every 30 minutes
6:00 p.m. – 10:00 p.m.
Every 60 minutes

Saturday:

9:00 a.m. – 10:00 p.m.
Every 60 minutes

PARENT GREETER VOLUNTEERS NEEDED!!!!

Some of our volunteers are no longer able to help with the parent greeter group. If you would like to help us by volunteering a few hours of your time each week, please view the greeter schedule by going to www.monarchhs.org You may also contact Liz Wigod at lwigod@gmail.com if you have additional questions.



Look for future newsletters in March and May.

Opportunities for Parents to Be Involved at Monarch High School

School Improvement Team Are you interested in giving input and planning for academic achievement at MHS? Meetings are held the second Wednesday of each month at 6:00 pm in the MHS Faculty Lounge. Please contact Mark Muller @ Mark@kennebeck.com for further information.

Parent Engagement Network Do you want to be more informed about issues pertinent to teenagers, get tips on how to meet the challenges of raising successful healthy children, and network with other parent? Please contact Paula Nelson @ pjn6225@yahoo.com or Kate Spector @ spectors6@mac.com for additional information.

Join the MHS Greeters Would you like to join an enthusiastic group of parents who help to create a safe welcoming environment at MHS?

Contact: Liz Wigod @ lwigod@gmail.com

MHS Booster Club Meetings Booster Club meets the 2nd Wednesday of every month in the Student Center. Please contact Sue Ernst, Booster Club President @ 303-494-5784 for additional information.

Volunteer at Monarch High School There are a variety of areas in which you can be of great assistance to MHS by volunteering. If you have questions about volunteer opportunities, please contact the main office at 303-665-5888.

MATH DEPT.

Math teachers are working collaboratively as a department to enhance the curriculum and address the school goals. For example, Algebra 1 teachers assessed their students at the beginning of the school year to assure appropriate place and identify areas of concern on which to focus. Dave Evans has created an exceptionally conducive learning environment for his double-block Algebra 1 Basic class through the use of a SMART Board and TI-Navigators. Advanced Geometry teachers are sharing creative lessons and project ideas, revising the order of topics, and including more algebra into the curriculum to cover essentials before the ninth and tenth grade tests in March. Teachers of all math subjects are incorporating dynamic investigations into their lessons to increase student comprehension of difficult topics such as transformations, trigonometric functions, or limits. Energy abounds as you walk through the upper C-wing and

witness all of the hands-on learning activities that connect mathematics to the world. Math teachers will provide students with more calculator-restricted learning opportunities in the classroom to increase number sense and decrease dependency on calculators. Although we value technology and how it allows students to make connections and reach higher levels of understanding, technology can be overused if it prevents skill maintenance and development. Math teachers are encouraging students to make predictions, struggle through problems, and to work out solutions before using technology to just “spit out” the answers. In February, 9th and 10th grade math students will take practice tests to recognize individual areas to fine-tune before CSAP tests in March. Teachers will encourage students to make personal goals for the CSAP to make their scores more meaningful to them. There is a new inspiration this year as math teachers share and create more than ever. Our rap this year is . . . “Stop the drool! Keep them awake in school! We are the fuel! MATH IS COOL!”

Activity/Athletics Calendar Link:

In order to find out what’s happening at Monarch High School, please use the following link to our Activities/Athletic Calendar. This is the most current calendar maintained on the Monarch website.

www.highschoolsports.net/defaultcal.cfm?scm=1<c=1&otc=1&ptc=1&school=CO8002720597&CFID=5087668&CFTOKEN=63308678&schoolid=CO8002720597&CFID=5087668&CFTOKEN=63308678&timeoffset=360

Crime Stopper Program Comes To Monarch High School

Monarch High School has adopted the new Crime Stopper program. This information was shared with your students at a January 16 student meeting with administrators.

The program called CRIMESHURT.COM is an anonymous way for our students, parents, staff and community members to report crimes in and around our school community. These crimes include, but are not limited to, gangs, alcohol, weapons, suicide, sexual assault, etc.

To report a crime, log onto crimeshurt.com and fill out the requested information. Before submitting the information, you can request a password that allows you to log on and check the specific progress of the reported crime. It also gives law enforcement an opportunity to ask more questions to help with the case. Once the report is submitted, it will be reviewed by Crime Stopper personnel and forwarded to the appropriate precinct for evaluation. The most vital piece is that the reporting is anonymous! In addition to the website, reports can be submitted anonymously by calling 1-800-444-3776. If you have questions about this

program, please contact the main office at 303-666-5888.

Learn more about PEN by visiting their website at: www.parentengagementnetwork.org or by contacting Betsy Fox with the Boulder County Healthy Youth Alliance at 303-441-3981.

Parent Engagement Network presents:

January Article

Thriving During the Teenage Years
IF YOU THINK YOUR TEEN
DOESN'T GIVE A HOOT...MAYBE
HE CAN'T

By Dr. Michael Bradley

One of the frequent worries I hear from parents about their teens concerns what appears to be a frightening lack of empathy:

"Before she became a teenager Susan used to be the sweetest girl you could imagine. And now that her father has lost his job, she seems to care only about herself. She gets upset about the money worries but she seems to only be concerned with how this will affect only her. I tried to get her to see how distraught her dad is, and how he needs our love and support, but she just stares at me with these cold, blank eyes like she's some kind of sociopath or something. I can see she's listening, but I can't see any compassion for Bob [her father] or for her little brother. None at all! What happened to my sweet little girl?"

What happened was adolescence. New brain imaging studies confirm what many veteran parents have seen (and worried about) since forever, namely that teen brains are not neurologically capable of having adult levels of empathy. It's not that they like to be selfish; it's more because they lack the "caring wiring."

In a remarkable study from the University College London Institute of Cognitive Neuroscience, adolescent and adult brain imaging (via functional MRI's) were compared to see if there were any differences when their respective brains were confronted with empathy situations. When considering what they would do in some action decision scenario, the kids mostly went

to a brain region called the superior temporal sulcus, the place where we all go to predict *only our own* future actions. The adults, however, fired up their medial prefrontal cortex, a vastly more sophisticated brain center. That gray matter (often referred to as the "seat of civilization" by neuroscientists) can do that uniquely human trick of worrying about how our future actions might affect other people. Young adolescent prefrontal cortexes are just beginning their most significant development to start to build higher-level *adult* capabilities such as empathy and compassionate decision-making (along with about a hundred other critical adult tools).

The best way to teach empathy is not to yell or punish for its lacking but to quietly model it with patience, tolerance, and love: "*Susan, I know Dad's job loss is scary for you, and it's only natural that you would think mostly about how this affects you. But please take a minute and try to also think about how Dad feels. He loves you so much and he's so scared that this will hurt you and your little brother, who by the way, looks to you to see how he should handle his own fears. If you can try to show a little empathy for them, you might be surprised to see how caring about others is a weird and wonderful way of caring about ourselves.*"

Take care, and have an empathic day.

Mike Bradley

Dr. Michael Bradley Alert!

Dr. Michael Bradley acclaimed national speaker and author of several books, including *Yes, Your Teen is Crazy!*, will be in Boulder on February 27th & 28th. He will be presenting a PEN-sponsored talk as well as a parent workshop to help raise funds for September School and the Boulder Counseling Cooperative. For more information, please call (303) 443-9933.

February Article

Thriving During the Teenage Years
When Things Get Crazy with Your
Teen

By Jan Hittelman

Parents often ask me to recommend books on teenagers. I am usually reluctant as most books that I've read have elements that are contrary to my training and experience. There's one author who is an exception to that rule, Dr. Michael Bradley. Several years ago he wrote the book "Yes, Your Teen is Crazy!: Loving Your Kid Without Losing Your Mind". In this award-winning book, Dr. Bradley helps parents understand the relationship of new information on teen brain development and its relationship to teen behavior. He then goes on to offer sensible effective parenting strategies to deal with issues like substance abuse, anger, and sexual behavior.

In his newly released book entitled: "When Things Get Crazy with Your Teen: The Why, the How, and What to do Now", Dr. Bradley goes deeper into specific issues including body-image, behavioral issues, school challenges, health issues, socialization, and more. In addition, he offers a wealth of effective parenting strategies to address these issues.

There will be an opportunity to see Michael Bradley in person later this month. Dr. Bradley will be in Boulder as part of a combined fundraiser for two local nonprofits: September School (SeptemberSchool.org), the oldest independent high school in Boulder County and a new nonprofit the Boulder Counseling Cooperative (BoulderCounseling.org), which provides low cost counseling services for middle and lower income individuals and families.

On Friday evening, February 27th, there will be a gala reception followed by a presentation by Dr. Bradley based on his new book at the Unity Church in Boulder.

On Saturday morning, February 28th, Dr. Bradley will be providing a workshop for parents entitled "For Crazy Parents of Crazy Teens: Solving Problems While Loving Your Child" at September School.

Please join us for these PEN-sponsored events. For ticket information, call September School at 303-443-9933.

Upcoming PEN Event:

***Don't Take It Personally
A Parent's Guide to Surviving
Adolescence***

***Author: John Davis, LCSW
Don't Take It Personally
A Parent's Guide to Surviving
Adolescence***

Author: John Davis, LCSW

February 12th, 9:00 – 11:00am

BVSD Conference Center

(6500 Arapahoe, Boulder)

February 12th, 7:00pm – 9:00pm

Angevine Middle School

(1150 West S. Boulder Rd, Lafayette)

Dr. Jan Hittelman is a licensed psychologist and Director of Boulder Psychological Services, LLC.

What's your opinion?

Questions/comments for this monthly column can be sent to: 1527 Pine Street, Suite B, Boulder, CO 80302, via email to: jan.hittelman@gmail.com, or by phone: 720-217-3270.

Parent Engagement Network presenta:

Enero Publicación

Superando con Éxito los Años de la
Adolescencia

SI PIENSAN QUE A SU
ADOLESCENTE NO LE IMPORTA
NADA... QUIZÁS ES QUE NO
PUEDE

Por el Dr. Michael Bradley

Una de las mayores preocupaciones que escucho de los padres sobre sus adolescentes tiene que ver con lo que parece ser una alarmante falta de empatía:

"Antes de ser adolescente, Susan era la niña más dulce que se pueda imaginar. Ahora que su padre se ha quedado sin trabajo, parece que lo único que le importa es ella misma. Se enoja por las preocupaciones de dinero pero solo parece importarle cómo le va a afectar

a ella únicamente. He intentado hacerla ver lo angustiado que está su padre y explicarle que lo que más necesita ahora es nuestro amor y nuestro apoyo pero la niña no parece darse por aludida y me dirige una mirada fría y ausente como si fuera una psicópata o algo por el estilo. Puedo notar que me escucha pero no puedo ver ninguna compasión por Bob [su padre] ni por su hermano menor. ¡Ninguna! ¿Qué le ha pasado a mi querida hija?"

Lo que le ha ocurrido se llama adolescencia. Nuevos estudios sobre el cerebro confirman lo que muchos padres veteranos han visto (y les ha preocupado) desde siempre, básicamente que el cerebro adolescente no es neurológicamente capaz de tener niveles adultos de empatía. No es que les guste ser egoístas; el problema se debe más a que carecen de los "circuitos de afecto".

En un estudio extraordinario realizado por University College London Institute of Cognitive Neuroscience, se comparó la imagen del cerebro un adolescente con la de un adulto (vía MRI funcional) para ver si había alguna diferencia al enfrentar a ambos cerebros a situaciones de empatía. Al considerar lo que harían en alguna situación de decisiones y de acciones, los niños por lo general fueron a una región del cerebro llamada el *sulcus temporal superior*, que es el lugar donde todos nosotros vamos para predecir *solo nuestras propias* acciones futuras. Los adultos, sin embargo pusieron en marcha su *corteza prefrontal media*, un centro del cerebro mucho más sofisticado. Esa materia gris (con frecuencia referida como "la cuna de la civilización" por los neurocientíficos) puede hacer ese truco exclusivamente humano de preocuparse sobre cómo nuestros actos futuros pueden afectar a otras personas.

Las cortezas prefrontales de los jóvenes adolescentes apenas están empezando su desarrollo más significativo para comenzar a crear capacidades *adultas* de más alto nivel como son la empatía y las decisiones compasivas (junto con otras cien herramientas críticas de adulto).

La mejor forma de enseñar la empatía no es gritar y castigar por su carencia, sino darles un ejemplo sutil de paciencia, de tolerancia y de amor: *“Susan, sé que la pérdida del trabajo de papá es algo que te asusta y es natural que solo pienses en cómo te va a afectar a ti. Pero por favor intenta pensar por un instante en cómo se siente tu padre. El te ama mucho y le preocupa que esta situación te pueda dañar a ti y a tu hermano, quien a propósito, te usa de ejemplo para ver cómo debe manejar sus propios temores. Si puedes intentar mostrar un poco de empatía hacia ellos, es posible que te sorprenda ver que interesarse por el bienestar de otras personas es una forma extraña y maravillosa de importarnos a nosotros mismos.”*

Cuídense y que tengan un día lleno de empatía.

Mike Bradley

Febrero Publicación

Superando con Éxito los Años de la Adolescencia
Cuando Sus Adolescentes Les Sacan de Quicio
De Jan Hittelman

Los padres me piden con frecuencia que les recomiende libros sobre adolescentes. Normalmente tengo mis dudas dado que la mayoría de los libros que he leído tienen elementos contrarios a la formación que he recibido y a mi experiencia. Sin embargo hay un autor que es la excepción a esa regla, el Dr. Michael Bradley. Hace varios años escribió el libro “Yes, Your Teen is Crazy!: Loving Your Kid Without Losing Your Mind” (“¡Sí, Su Adolescente Está Loco!: Amando a su Hijo Sin Volverse Locos”). En este aclamado libro el Dr. Bradley ayuda a los padres a entender la relación entre la nueva información sobre el desarrollo del cerebro de los adolescentes y su conducta. A continuación el Dr. Bradley pasa a ofrecer estrategias educativas que son eficaces para tratar temas como

el abuso de sustancias, la ira y el comportamiento sexual.

En su nuevo libro titulado: “Cuando Sus Adolescentes Les Sacan de Quicio: El Por qué, el Cómo y el Qué Hacer Ahora”, el Dr. Bradley profundiza aún más en los problemas específicos de los jóvenes como la imagen del cuerpo, problemas de conducta, dificultades escolares, problemas de salud, socialización y otros temas. También ofrece un sinnúmero de estrategias efectivas para abordar estos problemas.

Más adelante este mes tendremos la oportunidad de ver a Michael Bradley en persona ya que va a estar en Boulder como parte de una campaña conjunta de recaudación de fondos de dos organizaciones locales sin ánimo de lucro: September School (SeptemberSchool.org), la escuela preparatoria independiente más antigua del Condado de Boulder, y Boulder Counseling Cooperative (BoulderCounseling.org), una cooperativa que proporciona servicios de terapia asequibles a personas individuales y a familias de bajo y medio nivel económico.

La noche del viernes, 27 de febrero, en Unity Church en Boulder, se va a celebrar una recepción de gala seguida de una presentación por el Dr. Bradley basada en su nuevo libro.

El sábado por la mañana, 28 de febrero, en September School, el Dr. Bradley va a dirigir un taller para padres titulado “Para los Padres Locos de Hijos Locos: Resolviendo Problemas Mientras Aman a su Hijo”.

Por favor acompáñennos en estos eventos patrocinados por PEN. Para

información sobre las entradas, llamen a September School al 303-443-9933.

Próximo Evento de PEN:

*No se lo Tomen a Pecho
Una Guía para Padres para
Sobrevivir la Adolescencia
Autor: John Davis, LCSW*

Febrero 12, 9:00 a.m. – 11:00 a.m.
Centro de Conferencias de BVSD
(6500 Arapahoe, Boulder)
Febrero 12, 7:00 p.m. – 9:00 p.m.
Escuela Intermedia Angevine
(1150 West S. Boulder Rd.,
Lafayette)

Conozcan más sobre PEN a través de su página web:
www.parentengagementnetwork.com o
llamando a Betsy Fox en Boulder
County Healthy Youth Alliance al 303-441-3981.

El Dr. Jan Hittelman es un psicólogo licenciado y Director de Boulder Psychological Services, LLC.

¿Qué opinan ustedes? Pueden enviar sus preguntas o comentarios sobre esta columna mensual a: 1527 Pine Street, Suite B, Boulder, CO 80302, por e-mail a: jan.hittelman@gmail.com, o por teléfono al: 720-217-3270.



**CLASSES OFFERED
THROUGH LIFELONG
LEARNING**

**NEW CLASS SAT Prep
Small Group Intensive**

Does your student work better in a small group setting? In this intensive evening course, small group tutoring and individualized instruction will allow students to master tested skills. Students will learn the strategies best suited to each of the three SAT sub-tests (Writing, Critical Reading, and Math) and put them to work using problems drawn from real tests. Classes one through three cover the verbal sections of the test, with emphasis on essay-writing, passage-based reading, sentence-completion questions, and improving the structure of sentences and paragraphs. Classes four and five focus on the Math portion of the test, and the final class consists of a review and final preparation for the exam, targeting areas where students need the most reinforcement. Stress reduction tips are given throughout the course, so you can do your best the day of the real exam. Every class also features an ongoing review of English grammar, targeting the kinds of grammar mistakes most frequently tested on the SAT. Feedback on assigned homework and practice tests will be available online or by phone outside of class time.

Class is limited to eight students so sign up soon!

Tuesday, 6:30 PM - 8:30 PM; 6 sessions starting March 10, 2009, ending April 21, 2009

Cost \$365 Instructor: **Marco Degaetano** Location: Boulder - **Fairview High School**

Saturday, 1:00 PM - 4:00 PM; 4 sessions starting April 4, 2009, ending April 25, 2009

Cost \$365 Instructor: **Marco Degaetano** Location: Boulder - **Boulder High School**

SAT Preparation

Wednesday, 6:30 PM - 8:30 PM; 5 sessions starting February 11, 2009, ending March 11, 2009

Cost \$165, Materials Fee \$0 Instructor: **Stafford** Location: Louisville - **Monarch High School**

Monday, Wednesday, 6:30 PM - 8:30 PM; 5 sessions starting April 13, 2009, ending April 29, 2009

Cost \$165, Materials Fee \$0 Instructor: **Eden** Location: Louisville - **Monarch High School**

Wednesday, 6:30 PM - 8:30 PM; 5 sessions starting May 6, 2009,

ending June 3, 2009

Cost \$165, Materials Fee \$0 Instructor: **Eden** Location: Louisville - **Monarch High School**

ACT Prep

Thursday, 6:30 PM - 8:30 PM; 5 sessions starting February 19, 2009, ending March 19, 2009

Cost \$165, Materials Fee \$0 Instructor: **Eden** Location: Louisville - **Monarch High School**

Drivers Ed

Tuesday, Thursday, 3:30 PM - 6:30 PM; 10 sessions starting March 31, 2009, ending May 5, 2009

Cost \$195, Materials Fee \$0 Instructor: **Boulder Driving Academy** Location: Louisville - **Monarch High School**

View complete class information and register at www.bvsd.org/LLL, or call 303-499-1125 x222.

Julie Kurzawa
BVSD Lifelong Learning Registrar
303-499-1125 x222
www.bvsd.org/LLL

**Our office hours are:
Monday-Friday 8:30 AM-4:30 PM**

Do you have questions or suggestions about how district money is spent?

BVSD Superintendent's 2009-2010 Budget Information/Discussion Forums

March 4 · 6:00 – 7:30 p.m.

Nederland Middle/Senior High
597 County Rd. 30, Nederland

March 5 · 6:00 – 7:30 p.m.

Broomfield High School
1 Eagle Way, Broomfield

March 10 · 10:00 – 11:30 a.m.

Lafayette Public Library
775 W. Baseline Rd., Lafayette

March 11 · 6:00 – 7:30 p.m.

Boulder High School
1604 Arapahoe Ave., Boulder

Open to parents, staff, district committee members, and the community at large.

Given the effects of the economic downturn on education funding, BVSD seeks input from a variety of sources regarding its annual budget. Part of the district's input gathering process is its annual open forums about the district's budget deliberations. While people are, as always, free to comment on the annual budget during the public participation part of a school board meeting, it is at the Superintendent's Budget Forums that the fiscal issues facing BVSD schools in the coming year will receive their most thorough public opportunity for review, discussion and input.

For more information, please contact the BVSD Communications Office at 303-245-5824 or by email at communications@bvsd.org

Upcoming Events

February 7

8:00 – 11:30 pm – Winter Ball in Small Gym

February 10

7:00 pm – Choir Concert in Auditorium

February 11

- SIT in Faculty Lounge – 6:00 pm
- Booster Club in Student Center – 7:00 pm

February 16 – President's Day Holiday – No School

February 18,

- 8th Grade Curriculum Showcase - A - M 6:00 – 7:00 pm;
N – Z 7:00 – 8:00 pm
- PEN in Office Conference Room – 6:30 pm

February 23 – Professional Development Day – No School for Students

February 25

- Senior Class Meeting – 8:30 am – Cafeteria
- Senior class Picture – 8:45 am – Main Gym

February 26

Parent/Teacher Conferences – Arena Style – Both Gyms
4:00 – 7:00 pm

March 3, 4, 5, 10, 11, 12

CSAP Testing (Schedule will be posted on the Monarch website)

March 11, 12, 13, 14 – Spring Musical “Sweeney Todd”

Evening Performances – 7:00 pm in the Auditorium;
Saturday Matinee @ 2:00 pm

March 17 – Calculus – The Musical – 7:00 pm – Auditorium

March 19

Parent/Teacher Conferences – Arena Style – Both Gyms –
4:00 – 7:00 pm

March 23 – 27 – Spring Break – No School

Be sure to check the Monday calendar information electronically sent home to parents. All current school events are listed on this communication and reflect changes that may have occurred. The website also has a current listing of all activities held at Monarch High School.

