

Boulder Valley School District

6-12 Lunch

	Portion Size	Cals	Mg Cholst	Mg Sodm	G Fiber	Mg Iron	Mg Calc	IU Vit-A	Mg Vit-C	G Protn	G Carb	G T-Fat	G S-Fat	G Tr-Fat
Thu - 05/01/2008														
6-12 Lunch	Total													
Chili Con Carne with Beans JTM	6 oz	187	31	684	3.40	3.40	45.93	1143	6.80	13.61	11.91	10.21	3.40	0.00
BROWN RICE PILAF, Uncle Bens	1/2 CUP	107	0	18	0.74	0.54	8.18	0	1.70	3.48	20.70	0.89	0.10	*0.00
Breadstick, French Dough	2 each	130	0	260	1.00	1.44	0.00	0	0.00	4.00	25.00	1.50	0.00	*0.00
CORN: Canned	1/2 CUP	69	0	183	1.71	0.74	4.28	68	7.27	2.24	15.90	0.86	0.13	*0.00
FRUIT, Fresh Assorted: 1/2 cup	1/2 cup	20	0	0	0.57	0.06	4.44	31	4.98	0.24	5.00	0.08	0.02	0.00
MILK - 1% LOWFAT,white/choc	Half Pints	148	9	167	0.42	0.31	300.00	500	2.75	8.00	23.90	2.50	1.50	*0.00
Weighted Daily Average		661	39	1312	7.85	6.49	362.82	1743	23.51	31.57	102.41	16.02	5.15	*0.00
% of Calories										19.1%	62.0%	21.8%	7.0%	0.0%

Fri - 05/02/2008														
6-12 Lunch	Total													
CHEESE STICKS, BREADED Tony's	1.5 EACH	480	67	855	1.50	3.10	525.00	450	0.00	27.00	48.00	21.00	10.50	*0.00
BLUE PARROT SPAG. SAUCE:1/4C	3/8 cup	28	0	333	2.13	0.89	21.26	177	6.38	1.42	5.67	0.00	0.00	*0.00
SALAD,TOSSED w/spinach	1/2 CUP	10	0	20	0.89	0.53	22.21	2376	7.76	0.70	2.02	0.10	0.01	*0.00
DRESSINGS,COMBINATION OF	1 oz	89	8	208	0.00	0.00	0.00	0	0.00	0.00	3.04	7.72	1.27	*0.00
FRUIT, Fresh Assorted: 1/2 cup	1/2 cup	20	0	0	0.57	0.06	4.44	31	4.98	0.24	5.00	0.08	0.02	0.00
Sherbet Cup, Luigi's, fruit	1 each	120	5	35	0.00	0.36	20.00	0	60.00	0.00	27.00	1.50	1.00	*0.00
MILK - 1% LOWFAT,white/choc	Half Pints	148	9	167	0.42	0.31	300.00	500	2.75	8.00	23.90	2.50	1.50	*0.00
Weighted Daily Average		894	89	1618	5.51	5.26	892.91	3534	81.88	37.37	114.64	32.90	14.30	*0.00
% of Calories										16.7%	51.3%	33.1%	14.4%	0.0%

Mon - 05/05/2008														
6-12 Lunch	Total													
Chicken Nuggets, GK61145	5 Each	248	47	355	0.00	1.20	2.80	98	1.00	15.00	12.00	15.50	2.50	*0.00
MASHED POTATOES :Excel w/gravy	1/2 cup	97	1	631	1.66	0.43	11.67	0	3.65	2.36	18.59	1.48	0.43	*0.00
Biscuit, Bridgford, 1 oz	2 each	160	0	450	1.00	1.80	160.00	0	0.00	4.00	25.00	6.00	3.00	0.00
FRUIT, Fresh Assorted: 1/2 cup	1/2 cup	20	0	0	0.57	0.06	4.44	31	4.98	0.24	5.00	0.08	0.02	0.00
MILK - 1% LOWFAT,white/choc	Half Pints	148	9	167	0.42	0.31	300.00	500	2.75	8.00	23.90	2.50	1.50	*0.00
CORN: Canned	1/2 CUP	69	0	183	1.71	0.74	4.28	68	7.27	2.24	15.90	0.86	0.13	*0.00
Weighted Daily Average		742	56	1787	5.37	4.54	483.18	698	19.65	31.84	100.39	26.41	7.58	*0.00
% of Calories										17.2%	54.1%	32.0%	9.2%	0.0%

Tue - 05/06/2008														
6-12 Lunch	Total													
BBQ Beef Sandwich: BVSD	sandwich	314	25	1279	2.00	2.81	107.87	0	0.00	17.12	34.13	5.02	1.01	*0.00
Oven Fries: 6-A	9-10 fries	139	0	280	2.45	0.36	0.00	0	1.14	1.89	17.40	6.96	1.72	*0.00
CARROT STICKS :(1/4 cup)	1/4 CUP	18	0	30	1.23	0.13	14.53	7403	2.60	0.41	4.22	0.11	0.01	0.00
CELERY STICKS	1/4 CUP	3	0	17	0.34	0.04	8.59	96	0.67	0.15	0.64	0.04	0.01	*0.00
MILK - 1% LOWFAT,white/choc	Half Pints	148	9	167	0.42	0.31	300.00	500	2.75	8.00	23.90	2.50	1.50	*0.00
DRESSING, RED.CAL BUTTERMILK	2 TBSP	70	15	150	0.00	0.00	0.00	0	0.00	0.00	0.00	7.00	0.00	*0.00
FRUIT, Fresh Assorted: 1/2 cup	1/2 cup	20	0	0	0.57	0.06	4.44	31	4.98	0.24	5.00	0.08	0.02	0.00
Animal Crackers, Austin Zoo	package	123	0	85	0.00	1.02	0.00	0	0.00	1.89	23.62	1.89	0.00	0.00

Boulder Valley School District

	Portion Size	Cals	Mg Cholst	Mg Sodm	G Fiber	Mg Iron	Mg Calc	IU Vit-A	Mg Vit-C	G Protn	G Carb	G T-Fat	G S-Fat	G Tr-Fat
Weighted Daily Average		835	49	2009	7.02	4.73	435.43	8031	12.13	29.71	108.92	23.59	4.27	*0.00
% of Calories										14.2%	52.2%	25.4%	4.6%	0.0%

Wed - 05/07/2008														
6-12 Lunch	Total													
FAJITAS, CHICKEN	fajita	285	41	856	1.29	1.90	181.09	392	2.87	15.42	27.14	12.54	3.89	*0.00
RANCH BEANS:PINTO'S W/SALSA	1/2 CUP	104	0	683	5.05	1.60	47.24	0	0.99	5.34	19.15	0.89	0.18	*0.00
LETTUCE AND TOMATO	1/2 CUP	10	0	10	0.76	0.34	13.91	2491	9.28	0.68	2.03	0.11	0.02	*0.00
DRESSINGS,COMBINATION OF	2 oz	177	15	415	0.00	0.00	0.00	0	0.00	0.00	6.07	15.44	2.53	*0.00
FRUIT, Fresh Assorted: 1/2 cup	1/2 cup	20	0	0	0.57	0.06	4.44	31	4.98	0.24	5.00	0.08	0.02	0.00
MILK - 1% LOWFAT,white/choc	Half Pints	148	9	167	0.42	0.31	300.00	500	2.75	8.00	23.90	2.50	1.50	*0.00
SALSA	TABLESP OONS	3	0	47	0.05	0.04	2.36	47	1.64	0.08	0.61	0.02	0.00	*0.00
Weighted Daily Average		746	65	2179	8.15	4.25	549.03	3461	22.52	29.76	83.91	31.57	8.14	*0.00
% of Calories										16.0%	45.0%	38.1%	9.8%	0.0%

Thu - 05/08/2008														
6-12 Lunch	Total													
MACARONI & CHEESE*:Can sauce	1 CUP	298	29	884	0.87	1.41	226.88	511	0.00	12.08	33.01	12.33	6.69	*0.00
Turkey ham	2 oz	71	40	677	0.00	4.00	0.00	0	0.00	10.10	1.01	3.03	1.01	*0.00
Honey Wheat Roll, Bridgford	1 each	140	0	240	3.00	0.00	40.00	0	0.00	5.00	27.00	2.00	0.50	0.00
SALAD,TOSSED w/spinach	1 CUP	20	0	40	1.79	1.06	44.42	4752	15.53	1.41	4.05	0.20	0.03	*0.00
DRESSINGS,COMBINATION OF	1 oz	89	8	208	0.00	0.00	0.00	0	0.00	0.00	3.04	7.72	1.27	*0.00
MILK - 1% LOWFAT,white/choc	Half Pints	148	9	167	0.42	0.31	300.00	500	2.75	8.00	23.90	2.50	1.50	*0.00
FRUIT, Fresh Assorted: 1/2 cup	1/2 cup	20	0	0	0.57	0.06	4.44	31	4.98	0.24	5.00	0.08	0.02	0.00
Weighted Daily Average		784	86	2215	6.65	6.84	615.73	5794	23.26	36.83	97.01	27.85	11.02	*0.00
% of Calories										18.8%	49.5%	32.0%	12.6%	0.0%

Fri - 05/09/2008														
6-12 Lunch	Total													
Egg & Cheese Sandwich	1 each	207	180	543	2.03	1.70	196.53	410	0.00	12.06	23.82	6.52	2.75	*0.00
Sausage Patty, Turkey, JennieO	2 each	122	62	244	0.00	1.00	23.60	84	1.00	12.48	0.32	8.10	2.20	0.18
ORANGE JUICE: 1/2 CUP	SERVING	60	0	10	0.00	0.00	600.00	0	36.00	1.00	14.00	0.00	0.00	*0.00
POTATO ROUNDS	1/2 cup	130	0	307	1.26	0.30	0.00	0	0.00	0.84	16.80	5.88	1.26	*0.00
MILK - 1% LOWFAT,white/choc	Half Pints	148	9	167	0.42	0.31	300.00	500	2.75	8.00	23.90	2.50	1.50	*0.00
SALSA	TABLESP OONS	3	0	47	0.05	0.04	2.36	47	1.64	0.08	0.61	0.02	0.00	*0.00
KETCHUP	1 oz	34	0	340	0.00	0.00	0.00	0	0.00	0.00	7.56	0.00	0.00	*0.00
Applesauce Cups Variety	1 Each	105	0	19	1.25	0.00	15.00	0	0.90	0.00	24.75	0.00	0.00	*0.00
Weighted Daily Average		809	250	1677	5.01	3.35	1137.4	1040	42.29	34.46	111.76	23.01	7.71	*0.18
% of Calories							9			17.0%	55.3%	25.6%	8.6%	0.2%

Boulder Valley School District

6-12 Lunch

	Portion Size	Cals	Mg Cholst	Mg Sodm	G Fiber	Mg Iron	Mg Calcm	IU Vit-A	Mg Vit-C	G Protn	G Carb	G T-Fat	G S-Fat	G Tr-Fat
Mon - 05/12/2008														
6-12 Lunch	Total													
Chicken Nugget Honey BBQ	5 Each	212	66	398	0.00	1.50	43.00	0	0.00	13.00	7.80	14.30	3.70	*0.00
BROWN RICE PILAF	1/2 CUP	146	0	55	1.60	0.82	16.00	0	0.30	3.50	30.36	0.97	0.20	*0.00
Mixed Vegetables	1/2 CUP	59	0	32	4.00	0.75	22.75	3892	2.91	2.60	11.91	0.14	0.03	*0.00
Animal Crackers, Austin Zoo	package	123	0	85	0.00	1.02	0.00	0	0.00	1.89	23.62	1.89	0.00	0.00
Applesauce Cups Variety	1 Each	105	0	19	1.25	0.00	15.00	0	0.90	0.00	24.75	0.00	0.00	*0.00
MILK - 1% LOWFAT,white/choc	Half Pints	148	9	167	0.42	0.31	300.00	500	2.75	8.00	23.90	2.50	1.50	*0.00
Weighted Daily Average		793	75	756	7.27	4.39	396.74	4392	6.86	28.99	122.34	19.79	5.43	*0.00
% of Calories										14.6%	61.7%	22.5%	6.2%	0.0%

Tue - 05/13/2008														
6-12 Lunch	Total													
Turkey & Cheese Sandwich 3-A	1 EACH	192	24	932	2.03	1.37	176.53	150	0.00	13.89	24.34	3.40	1.25	*0.00
Goldfish Crackers	package	130	10	180	0.00	0.00	20.00	0	0.00	3.00	18.00	5.00	1.50	*0.00
CELERY STICKS	1/4 CUP	3	0	17	0.34	0.04	8.59	96	0.67	0.15	0.64	0.04	0.01	*0.00
CARROT STICKS :(1/4 cup)	1/4 CUP	18	0	30	1.23	0.13	14.53	7403	2.60	0.41	4.22	0.11	0.01	0.00
Raisins	1.333 oz	114	0	5	1.51	0.68	20.03	0	1.21	1.28	30.05	0.17	0.06	*0.00
MILK - 1% LOWFAT,white/choc	Half Pints	148	9	167	0.42	0.31	300.00	500	2.75	8.00	23.90	2.50	1.50	*0.00
DRESSING, RED.CAL BUTTERMILK	2 TBSP	70	15	150	0.00	0.00	0.00	0	0.00	0.00	0.00	7.00	0.00	*0.00
Pudding, Choc. & Vanilla	1/2 CUP	155	5	418	0.50	0.00	150.00	250	1.20	4.00	32.50	1.50	0.75	*0.00
Weighted Daily Average		831	63	1899	6.04	2.53	689.68	8400	8.42	30.73	133.65	19.71	5.08	*0.00
% of Calories										14.8%	64.4%	21.4%	5.5%	0.0%

Wed - 05/14/2008														
6-12 Lunch	Total													
CHEESEBURGER ON ROLL	SERVING	301	46	658	2.65	2.63	193.33	180	0.00	23.56	24.62	12.02	4.85	*0.00
Oven Fries: 6-A	9-10 fries	139	0	280	2.45	0.36	0.00	0	1.14	1.89	17.40	6.96	1.72	*0.00
LETTUCE AND TOMATO	1/2 CUP	10	0	10	0.76	0.34	13.91	2491	9.28	0.68	2.03	0.11	0.02	*0.00
MILK - 1% LOWFAT,white/choc	Half Pints	148	9	167	0.42	0.31	300.00	500	2.75	8.00	23.90	2.50	1.50	*0.00
KETCHUP	2 oz	68	0	680	0.00	0.00	0.00	0	0.00	0.00	15.12	0.00	0.00	*0.00
APPLE CRISP	SERVINGS	200	0	113	2.30	0.99	20.00	350	0.49	1.94	31.75	7.97	1.59	*0.00
Weighted Daily Average		866	55	1908	8.57	4.62	527.23	3522	13.66	36.07	114.82	29.55	9.68	*0.00
% of Calories										16.7%	53.0%	30.7%	10.1%	0.0%

Thu - 05/15/2008														
6-12 Lunch	Total													
Chicken Strips, Breaded	3 Each	186	35	266	*0.00	*0.00	*0.00	*0	*0.00	11.25	9.00	11.62	*0.00	*0.00
Noodles, Buttered, Egg	.5 cup	146	28	49	0.96	1.18	11.00	177	0.01	3.68	20.16	5.69	1.76	*0.02
Broccoli, cooked	1/2 cup	27	0	32	2.57	0.52	31.20	1207	50.62	1.86	5.60	0.32	0.05	*0.00
JUICE BAR	1 Each	70	0	7	0.00	0.23	4.00	0	60.00	0.04	17.00	0.07	0.00	*0.00
MILK - 1% LOWFAT,white/choc	Half Pints	148	9	167	0.42	0.31	300.00	500	2.75	8.00	23.90	2.50	1.50	*0.00
KETCHUP	1 oz	34	0	340	0.00	0.00	0.00	0	0.00	0.00	7.56	0.00	0.00	*0.00
Breadstick, French Dough	2 each	130	0	260	1.00	1.44	0.00	0	0.00	4.00	25.00	1.50	0.00	*0.00

Boulder Valley School District

May 1, 2008 thru May 23, 2008 Spreadsheet - Portion Values

Apr 25, 2008

6-12 Lunch

	Portion Size	Cals	Mg Cholst	Mg Sodm	G Fiber	Mg Iron	Mg Calc	IU Vit-A	Mg Vit-C	G Protn	G Carb	G T-Fat	G S-Fat	G Tr-Fat
Weighted Daily Average		742	71	1121	*4.95	*3.68	*346.20	*1885	*113.38	28.82	108.23	21.71	*3.31	*0.02
% of Calories										15.5%	58.4%	26.3%	4.0%	0.0%

Fri - 05/16/2008														
6-12 Lunch	Total													
Burrito, Phil's Bean & Cheese	1 each	380	10	710	6.00	3.60	200.00	*0	4.80	13.00	58.00	10.00	3.50	0.00
Pork Chili Verde with Beans	1/2 cup	116	21	279	2.67	1.33	48.00	220	10.67	8.00	10.67	4.00	1.33	0.00
Mexican Brown Rice	1/2 CUP	112	0	194	1.35	0.91	18.30	442	6.78	3.43	21.31	1.54	0.15	*0.00
LETTUCE AND TOMATO	1/2 CUP	10	0	10	0.76	0.34	13.91	2491	9.28	0.68	2.03	0.11	0.02	*0.00
FRUIT, Fresh Assorted: 1/2 cup	1/2 cup	20	0	0	0.57	0.06	4.44	31	4.98	0.24	5.00	0.08	0.02	0.00
MILK - 1% LOWFAT,white/choc	Half Pints	148	9	167	0.42	0.31	300.00	500	2.75	8.00	23.90	2.50	1.50	*0.00
Salsa, Mesa Grande	2 Tbsp	7	0	270	0.00	0.00	0.00	0	0.00	0.00	1.80	0.00	0.00	*0.00
Weighted Daily Average		793	39	1631	11.77	6.55	584.64	*3684	39.26	33.35	122.71	18.22	6.53	*0.00
% of Calories										16.8%	61.9%	20.7%	7.4%	0.0%

Mon - 05/19/2008														
6-12 Lunch	Total													
Chicken Nuggets, GK61145	5 Each	248	47	355	0.00	1.20	2.80	98	1.00	15.00	12.00	15.50	2.50	*0.00
MASHED POTATOES :Excel w/gravy	1/2 cup	97	1	631	1.66	0.43	11.67	0	3.65	2.36	18.59	1.48	0.43	*0.00
Biscuit, Bridgford, 1 oz	2 each	160	0	450	1.00	1.80	160.00	0	0.00	4.00	25.00	6.00	3.00	0.00
FRUIT, Fresh Assorted: 1/2 cup	1/2 cup	20	0	0	0.57	0.06	4.44	31	4.98	0.24	5.00	0.08	0.02	0.00
MILK - 1% LOWFAT,white/choc	Half Pints	148	9	167	0.42	0.31	300.00	500	2.75	8.00	23.90	2.50	1.50	*0.00
CORN: Canned	1/2 CUP	69	0	183	1.71	0.74	4.28	68	7.27	2.24	15.90	0.86	0.13	*0.00
Weighted Daily Average		742	56	1787	5.37	4.54	483.18	698	19.65	31.84	100.39	26.41	7.58	*0.00
% of Calories										17.2%	54.1%	32.0%	9.2%	0.0%

Tue - 05/20/2008														
6-12 Lunch	Total													
TACO,BEEF	2 EACH	280	41	471	2.17	2.49	151.75	588	5.46	16.08	18.66	16.23	6.53	*0.00
Refried Beans: Dry Santiago	1/2 cup	90	0	325	4.72	1.28	31.88	89	1.80	4.67	17.50	0.99	0.25	*0.00
LETTUCE AND TOMATO	1/2 CUP	10	0	10	0.76	0.34	13.91	2491	9.28	0.68	2.03	0.11	0.02	*0.00
FRUIT, Fresh Assorted: 1/2 cup	1/2 cup	20	0	0	0.57	0.06	4.44	31	4.98	0.24	5.00	0.08	0.02	0.00
MILK - 1% LOWFAT,white/choc	Half Pints	148	9	167	0.42	0.31	300.00	500	2.75	8.00	23.90	2.50	1.50	*0.00
Salsa, Mesa Grande	1 Tbsp	4	0	135	0.00	0.00	0.00	0	0.00	0.00	0.90	0.00	0.00	*0.00
Cinnamon Rolls, Bridgeford	roll	186	8	264	1.40	1.80	20.19	0	0.00	4.00	31.50	6.00	1.30	*0.00
Weighted Daily Average		737	57	1372	10.04	6.27	522.17	3699	24.29	33.68	99.50	25.90	9.62	*0.00
% of Calories										18.3%	54.0%	31.6%	11.8%	0.0%

Boulder Valley School District

6-12 Lunch

	Portion Size	Cals	Mg Cholst	Mg Sodm	G Fiber	Mg Iron	Mg Calc	IU Vit-A	Mg Vit-C	G Protn	G Carb	G T-Fat	G S-Fat	G Tr-Fat
Wed - 05/21/2008														
6-12 Lunch	Total													
BBQ Turkey Sandwich Update	SANDWIC	321	25	1409	4.00	2.52	80.00	0	0.00	16.11	53.02	3.51	0.50	*0.00
Oven Fries: 6-A	9-10 fries	139	0	280	2.45	0.36	0.00	0	1.14	1.89	17.40	6.96	1.72	*0.00
CARROT STICKS :(1/4 cup)	1/4 CUP	18	0	30	1.23	0.13	14.53	7403	2.60	0.41	4.22	0.11	0.01	0.00
CELERY STICKS	1/4 CUP	3	0	17	0.34	0.04	8.59	96	0.67	0.15	0.64	0.04	0.01	*0.00
FRUIT, Fresh Assorted: 1/2 cup	1/2 cup	20	0	0	0.57	0.06	4.44	31	4.98	0.24	5.00	0.08	0.02	0.00
MILK - 1% LOWFAT,white/choc	Half Pints	148	9	167	0.42	0.31	300.00	500	2.75	8.00	23.90	2.50	1.50	*0.00
DRESSING, RED.CAL BUTTERMILK	1 TBSP	35	7	75	0.00	0.00	0.00	0	0.00	0.00	0.00	3.50	0.00	*0.00
KETCHUP	1 oz	34	0	340	0.00	0.00	0.00	0	0.00	0.00	7.56	0.00	0.00	*0.00
Weighted Daily Average		718	41	2319	9.02	3.42	407.55	8031	12.13	26.81	111.74	16.68	3.76	*0.00
% of Calories										14.9%	62.3%	20.9%	4.7%	0.0%

Thu - 05/22/2008														
6-12 Lunch	Total													
QUICHE W/ SELF FORMING CRUST	SERVINGS	153	190	445	0.30	1.04	205.99	407	0.69	12.01	11.35	6.47	2.92	*0.00
Turkey ham	2 oz	71	40	677	0.00	4.00	0.00	0	0.00	10.10	1.01	3.03	1.01	*0.00
Broccoli, cooked	1/2 cup	27	0	32	2.57	0.52	31.20	1207	50.62	1.86	5.60	0.32	0.05	*0.00
Applesauce Cups Variety	1 Each	105	0	19	1.25	0.00	15.00	0	0.90	0.00	24.75	0.00	0.00	*0.00
MILK - 1% LOWFAT,white/choc	Half Pints	148	9	167	0.42	0.31	300.00	500	2.75	8.00	23.90	2.50	1.50	*0.00
BIRTHDAY CAKE:chocolate cake	1 EACH	212	30	217	0.47	1.04	9.50	45	0.00	3.27	31.10	9.13	2.50	0.00
Weighted Daily Average		716	269	1556	5.02	6.90	561.69	2160	54.96	35.23	97.71	21.45	7.98	*0.00
% of Calories										19.7%	54.6%	27.0%	10.0%	0.0%

Fri - 05/23/2008														
6-12 Lunch	Total													
Chicken, batter/breaded, 7-pc	2 each	750	243	772	0.80	3.69	52.00	218	0.00	66.39	24.51	41.16	10.89	0.00
Biscuit, Bridgford, 1 oz	2 each	160	0	450	1.00	1.80	160.00	0	0.00	4.00	25.00	6.00	3.00	0.00
CORN ON THE COB: 1/2 cup	1 each	59	0	151	1.76	0.38	1.89	146	3.02	1.96	14.07	0.47	0.07	*0.00
WATERMELON,Fresh	1/2 CUP	43	0	1	0.57	0.34	9.92	807	11.48	0.86	10.70	0.21	0.01	*0.00
MILK - 1% LOWFAT,white/choc	Half Pints	148	9	167	0.42	0.31	300.00	500	2.75	8.00	23.90	2.50	1.50	*0.00
Weighted Daily Average		1159	252	1542	4.55	6.52	523.81	1671	17.25	81.21	98.18	50.34	15.47	*0.00
% of Calories										28.0%	33.9%	39.1%	12.0%	0.0%

Weighted Average		798	95	1687	*6.95	*4.99	*559.97	*3673	*31.48	35.19	107.55	25.36	*7.80	*0.01
										17.6%	53.9%	28.6%	8.8%	0.0%

