

September

Sunday

Monday

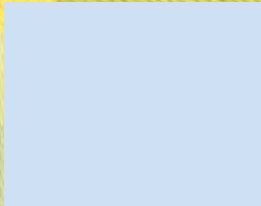
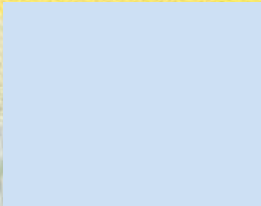
Tuesday

Wednesday

Thursday

Friday

Saturday

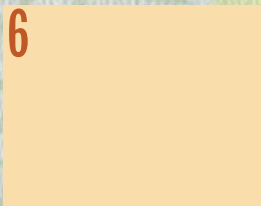


1 Teriyaki Chicken or Tofu and Brown Rice
Salad Bar
1% Milk
Fresh Fruit

2 Beef or Veggie Hotdog on Whole Grain Roll
Baked Beans
Salad Bar
1% Milk
Fresh Fruit

3 Chicken Marinara or Veggie Pasta
Salad Bar
1% Milk
Fresh Fruit

4 Turkey/Chicken or Veggie Quesadilla
Beans & Rice
Salad Bar
1% Milk
Fresh Fruit



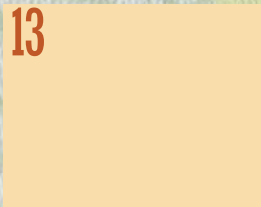
7 LABOR DAY
No School

8 Roast Chicken or Veggie Patty with Roasted Potatoes
Whole Grain Roll
Salad Bar
1% Milk,
Fresh Fruit

9 BBQ Ground Beef Sandwich or Veggie Burger
Salad Bar
1% Milk
Fresh Fruit

10 Pasta Marinara with Cheese
Salad Bar
1% Milk
Fresh Fruit

11 Beef or Veggie Taco
Beans & Rice
Salad Bar
1% Milk
Fresh Fruit



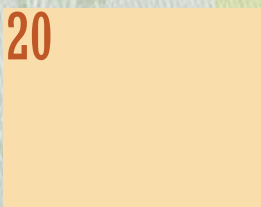
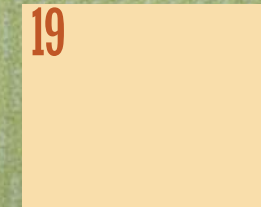
14 Traditional Cheese Pizza
Salad Bar
1% Milk
Fresh Fruit

15 BBQ Chicken or Veggie Patty & Roasted Potatoes
Whole Grain Roll
Salad Bar
1% Milk
Fresh Fruit

16 Hamburger or Veggie Burger on Whole Grain Roll
Salad Bar
1% Milk
Fresh Fruit

17 Mac and Cheese
Salad Bar
1% Milk
Fresh Fruit

18 PROFESSIONAL DEVELOPMENT
No School



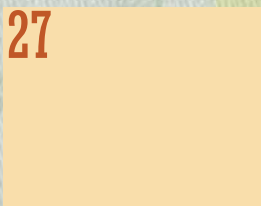
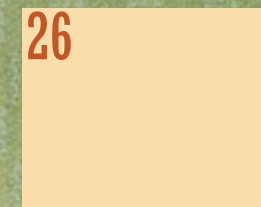
21 Traditional Cheese Pizza
Salad Bar
1% Milk
Fresh Fruit

22 Roast Chicken or Veggie Patty with Mashed Potatoes
Whole Grain Roll
Salad Bar
1% Milk
Fresh Fruit

23 Chicken or Veggie Lo Mein
Salad Bar
1% Milk
Fresh Fruit

24 Pasta Bolognese or Marinara
Salad Bar
1% Milk
Fresh Fruit

25 Beef or Veggie Nachos
Beans & Rice
Salad Bar
1% Milk
Fresh Fruit



28 Traditional Cheese Pizza
Salad Bar
1% Milk
Fresh Fruit

29 Teriyaki Chicken or Tofu and Brown Rice
Salad Bar
1% Milk
Fresh Fruit

30 Beef or Veggie Hotdog on Whole Grain Roll
Baked Beans
Salad Bar
1% Milk
Fresh Fruit

